

WORKING TOGETHER WE CAN

HONOR THE HARVEST

AND LIVE BETTER

Honoring the Harvest is about how we work together to use food with good purpose, so it's never wasted.

That means ensuring all people have access to nutrient-rich foods and also utilizing parts of food people can't or won't eat by moving nutrients through food systems – from people, to animals and back to the land to grow food more sustainably – rather than going to a landfill. We all have a role to support this cycle and build sustainable food systems that benefit people, communities and the planet.

Learn how the dairy community contributes to a natural nutrient cycle.



Here's how the dairy community contributes to a natural nutrient cycle – and you can help, too.

1 NOURISH PEOPLE

We need to ensure a variety of nutritious foods, including nutrient-rich dairy foods, are available and affordable to help all people thrive.

Enough food is produced globally to nourish 10 billion people. And yet, food insecurity impacts people in every region, including 1 in 8 Americans.¹



ENOUGH FOOD TO NOURISH 10 BILLION PEOPLE

POPULATION OF 7 BILLION WITH 815 MILLION UNDERNOURISHED PEOPLE

Food waste contributes to this discrepancy.



1/3 OF ALL FOOD IS LOST OR WASTED

National and international efforts are underway to close this gap, and you can help by reducing your food waste. Find out more at FurtherWithFood.org.

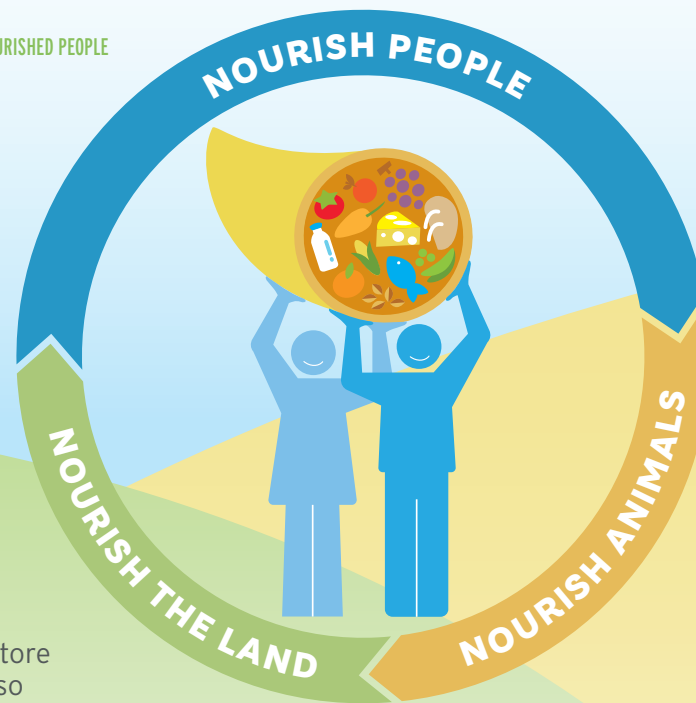
3 NOURISH THE LAND

Returning nutrients back to the land to replenish the soil completes the cycle.

Cow manure's unique composition helps restore nutrients in the soil, helping it be healthier, so food can be grown with reduced use of synthetic fertilizer, which is fossil fuel-based.



EACH DAY, 1 COW PRODUCES 17 GALLONS OF MANURE. THAT'S ENOUGH FERTILIZER TO GROW 46 POUNDS OF CORN.²



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DAIRY CAN BE PART OF THE SOLUTION TO FOOD AND NUTRITION SECURITY DUE TO ITS NUTRIENT CONTRIBUTIONS. MILK NATURALLY CONTAINS HIGH-QUALITY PROTEIN, CALCIUM, PHOSPHORUS AND B VITAMINS.

2 NOURISH ANIMALS

Just like people have specific nutritional needs, so do dairy cows.

Dairy cows have a unique, 4-chambered stomach, so they can unlock nutrition from parts of plants people can't or won't eat. For example, people drink the OJ and cows eat the citrus pulp, and people eat almonds and cows eat the almond hulls.



80% OF WHAT DAIRY COWS EAT CAN'T BE EATEN BY PEOPLE.